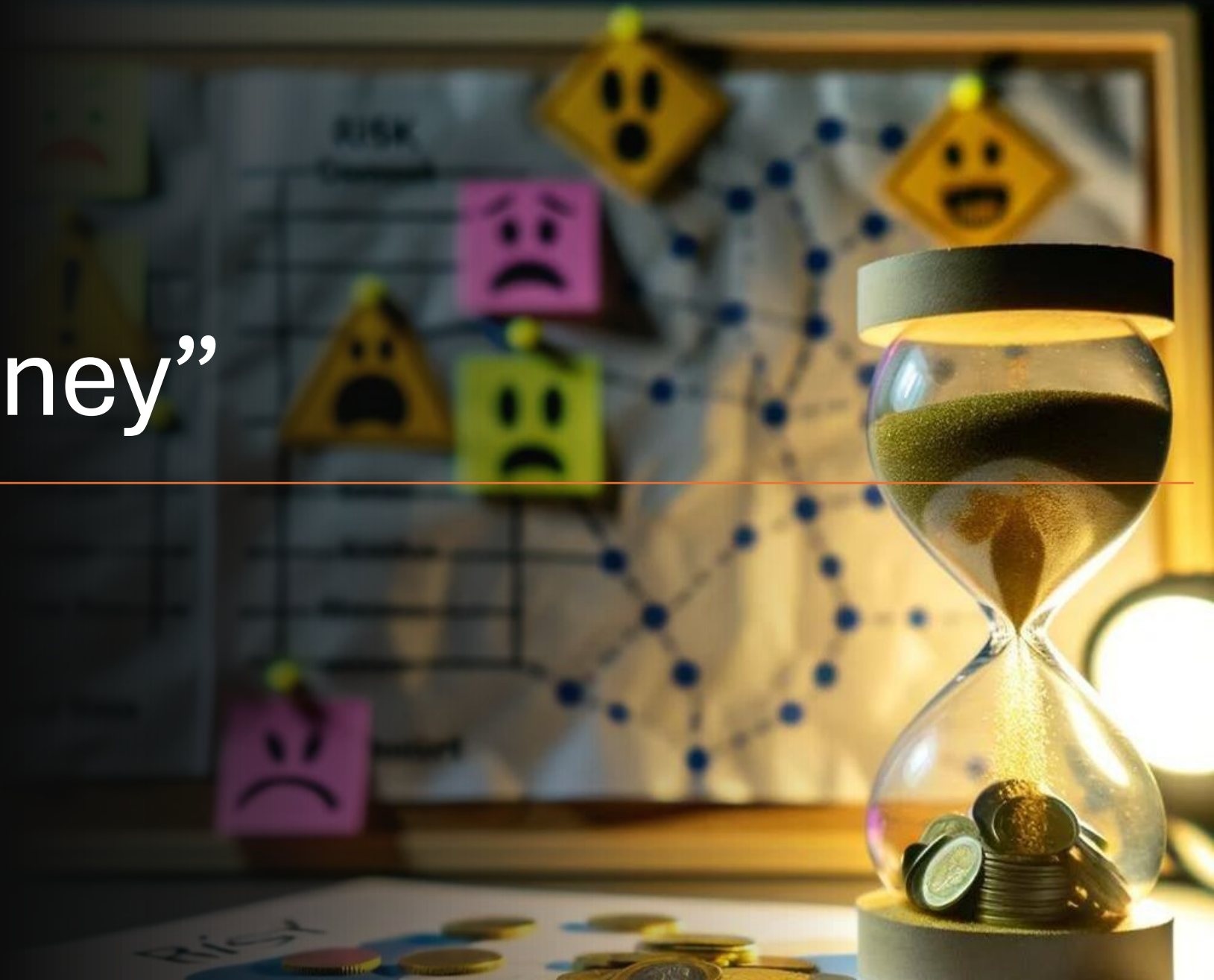


- **25 years** working in a variety of governance, risk and compliance roles, including Corporate Auditor, Risk Consultant, P3M Risk Management, etc.
- **Supporting clients** from ERM framework design and implementation through to Tier 2 Project Risk Management.
- **Various industries** including infrastructure, defence, civil nuclear and the more obscure, such as Arctic Exploration.
- **Experienced modeller** having been trained in and being a trainer of most of the leading software applications.
- **Managing Partner** at optimise and curator of the optimise Academy and optimise Institute.
- **Wannabe author** having recently co-authored the QRA chapter of the soon to be published 3rd edition of the APM PRAM Guide, and still trying to buy-the-time to write my book.



Managing Partner

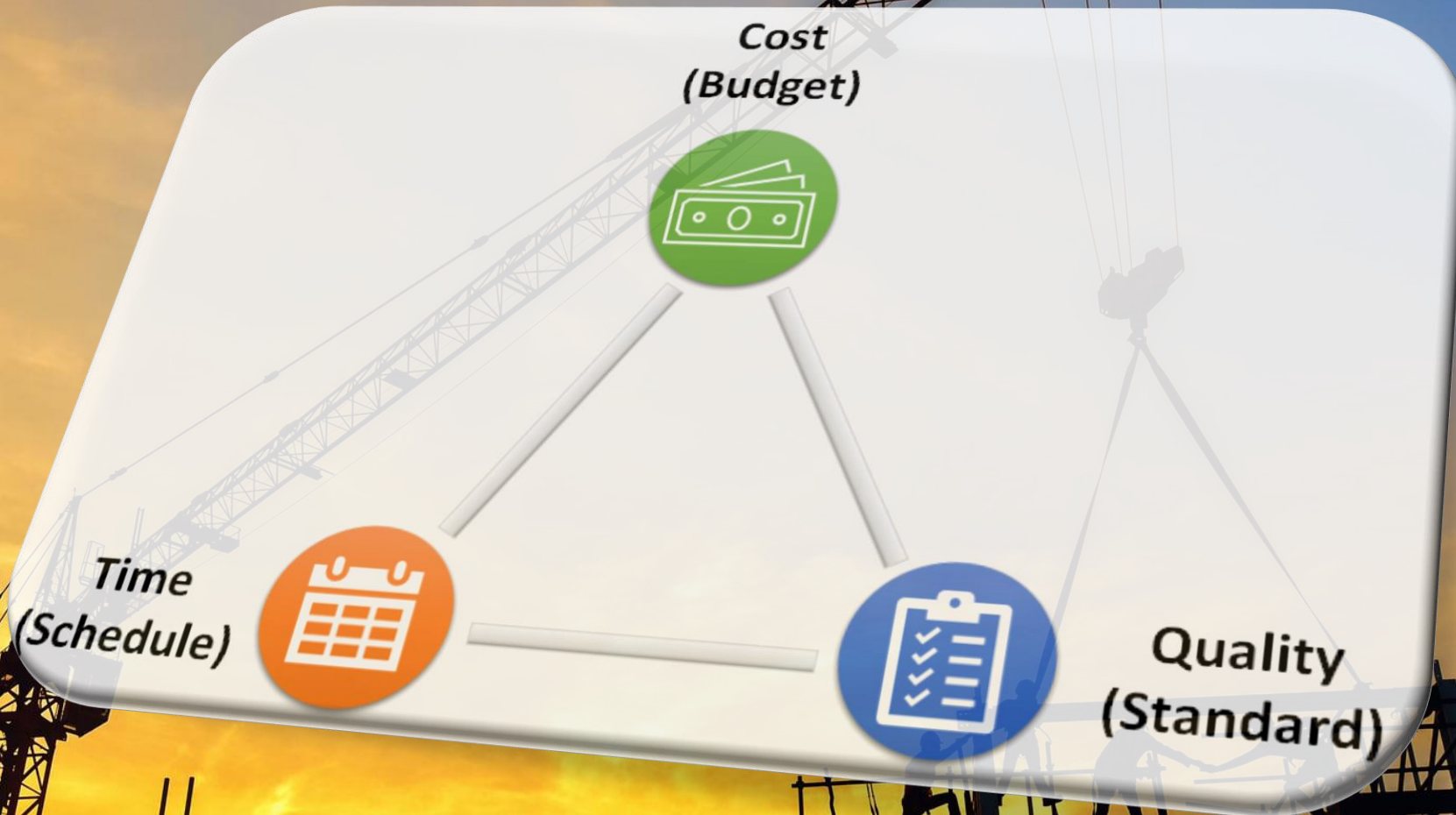
“Time is Money”



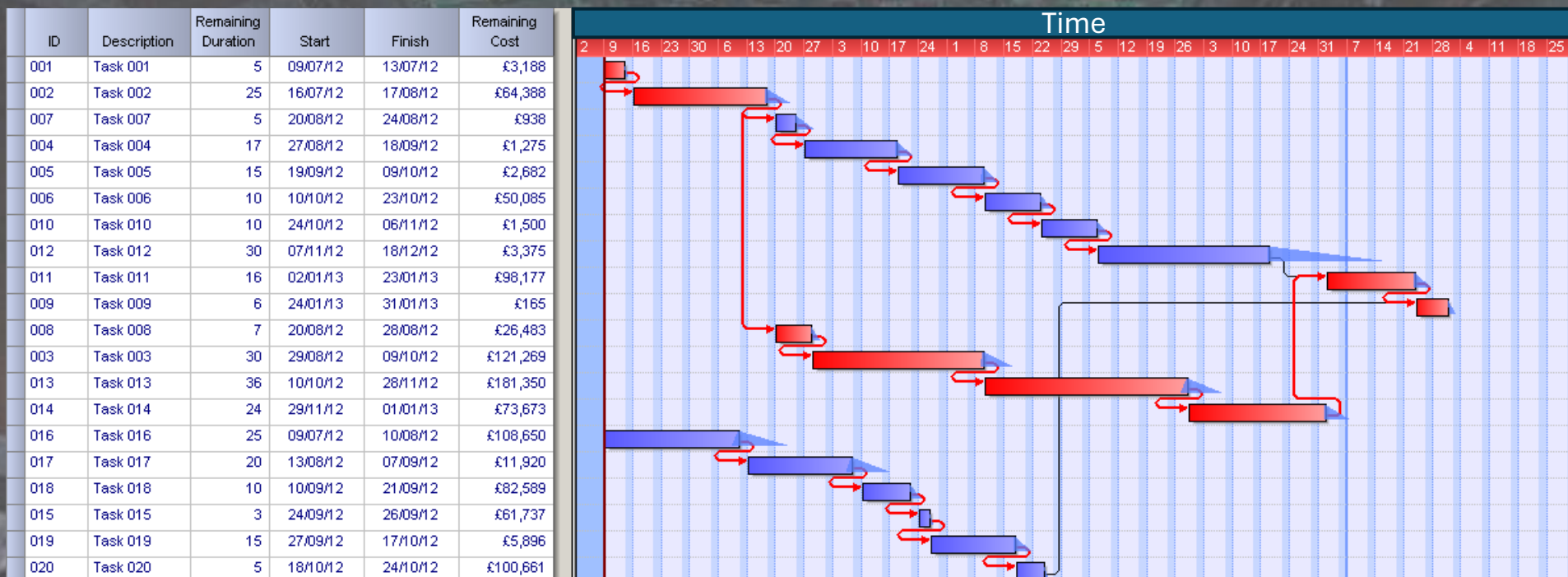
“Time is what we want most, but what we use worst.” — William Penn, Fruits of Solitude

“The bad news is time flies. The good news is you’re the pilot.” — Michael Altshuler

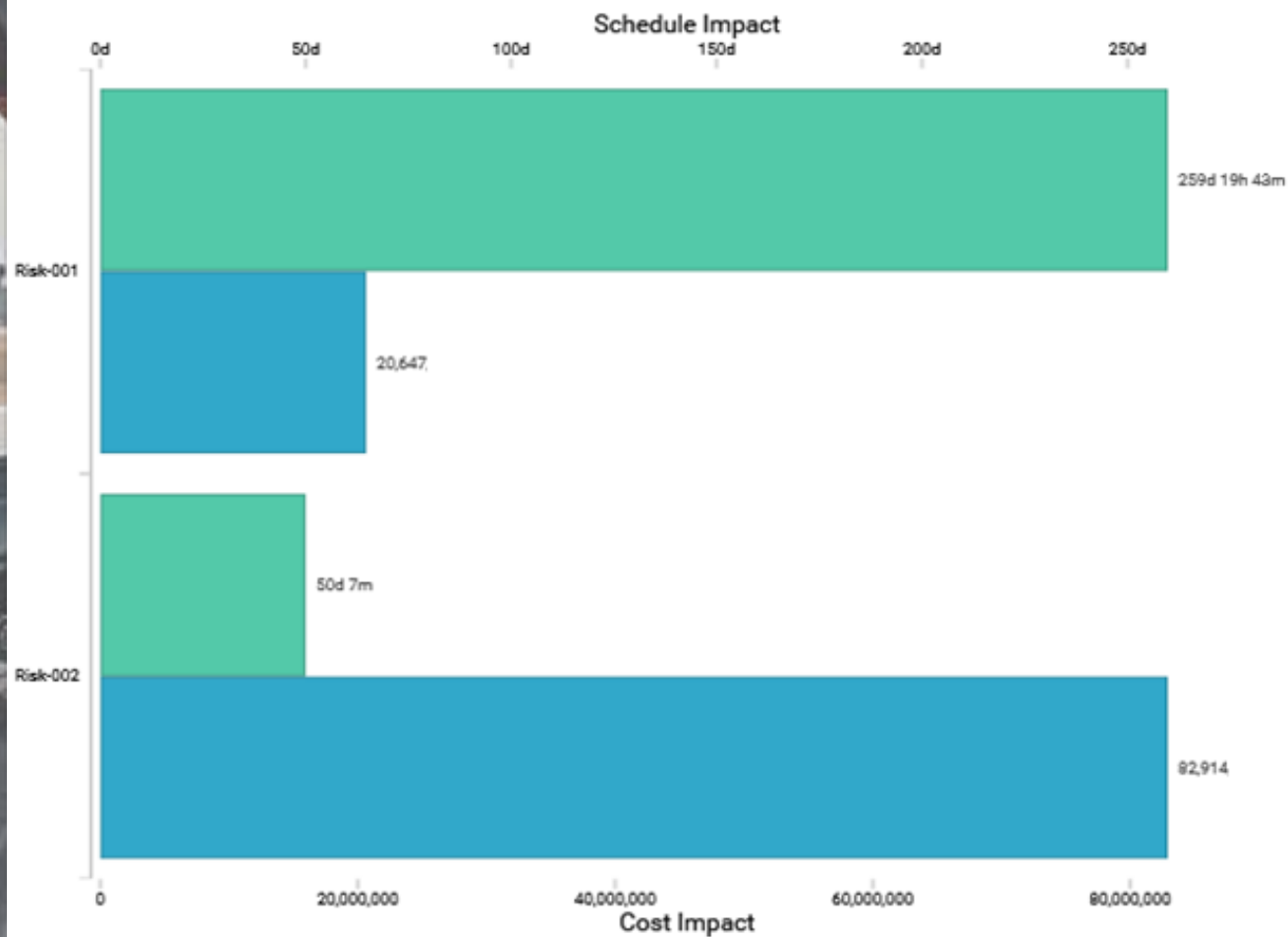
- **Prioritize:** Identify your most important tasks and allocate time accordingly. Focus on what truly matters. Prioritise tasks based on urgency and impact.
- **Set Boundaries:** Guard time against unplanned or unnecessary commitments.
- **Time Blocking:** Allocate specific blocks of time for different activities. This helps maintain focus.
- **Limit Distractions:** Create a distraction-free environment.
- **Reflect:** Regularly assess how you spend your time. Are your activities aligned with your goals?
- **Delegate:** Delegate tasks that others can handle, freeing up your time for higher-value activities.
- **Evaluate Trade-Offs:** When faced with choices, consider the trade-offs. Assess the costs and benefits of options / decisions.

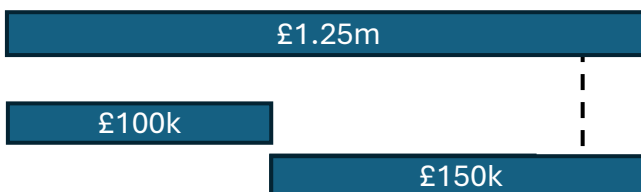
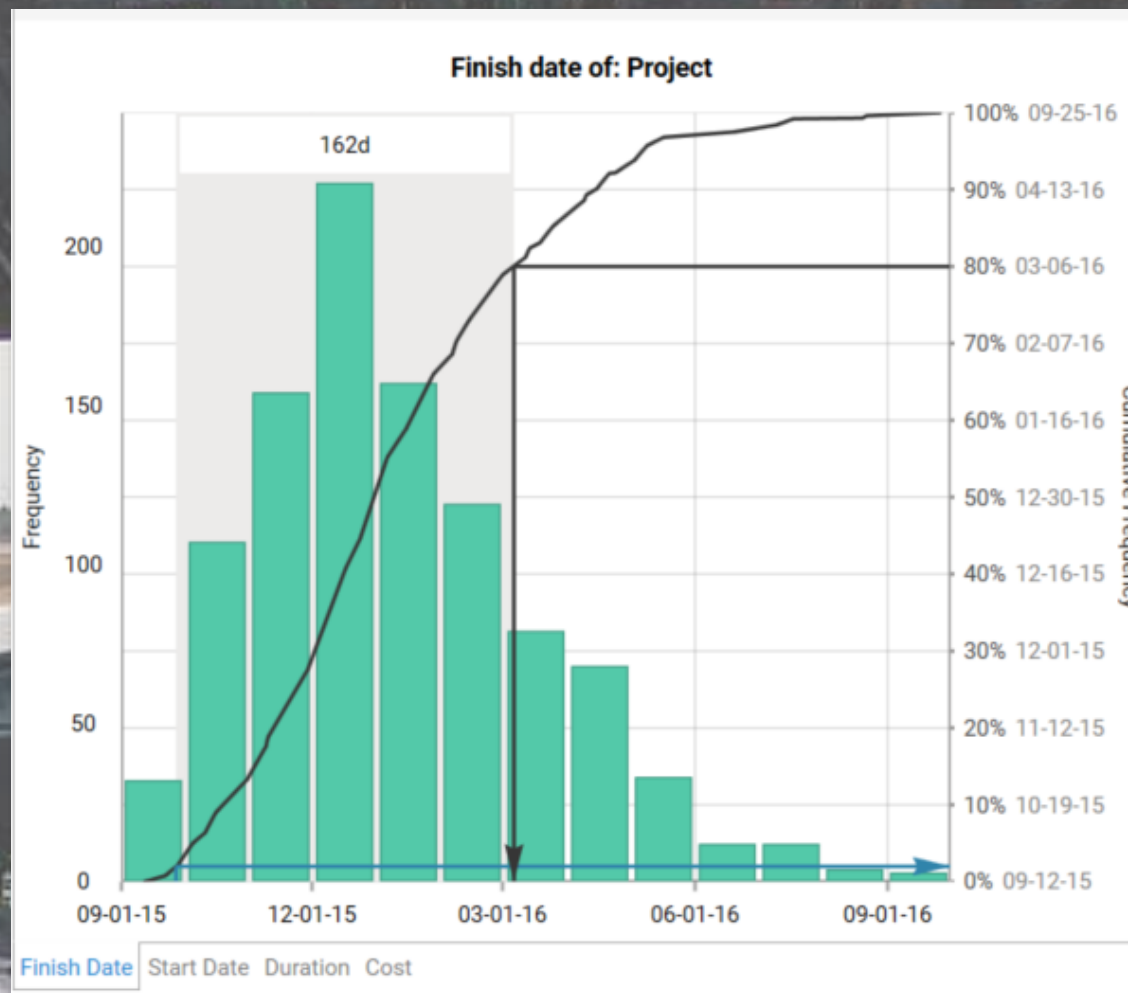




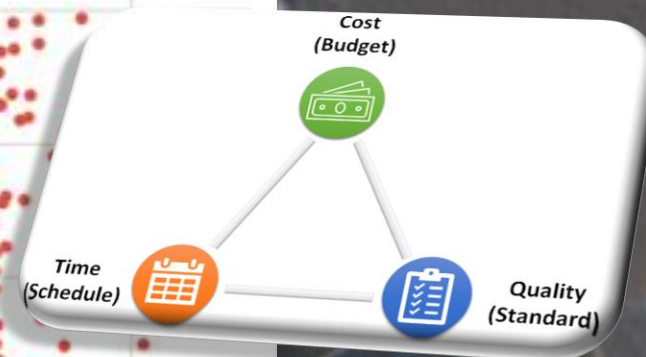


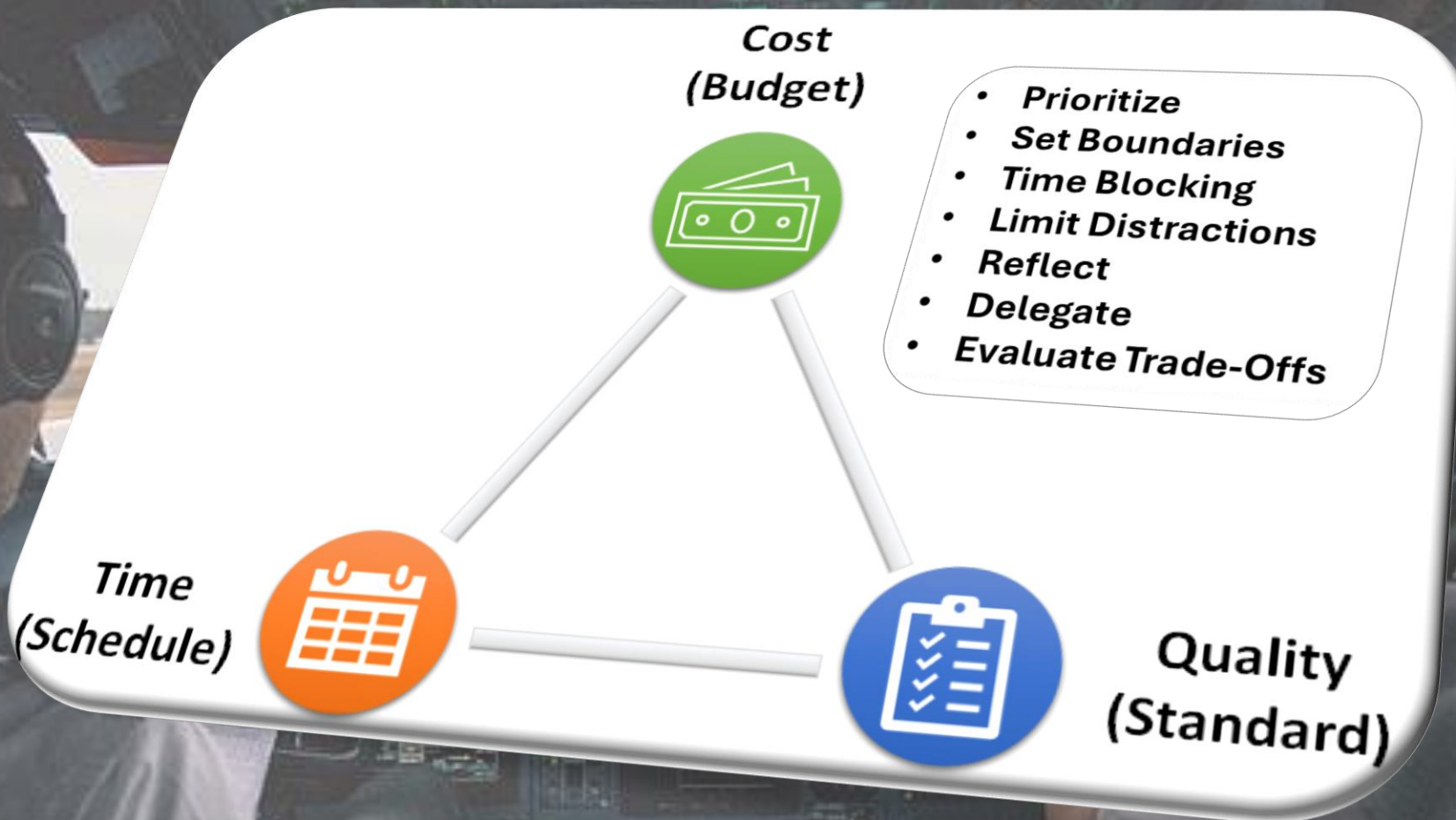
Impact of Risks on P50 Finish Date and P50 Cost of Project (Sensitivity Method: Single Pass)





Finish date of: Project - Cost of: Project







 paul.sutcliffe@optimise-risk.co.uk

 www.optimise-risk.co.uk

 www.linkedin.com/in/paulsutcliffe

